

Dynamics of the main systems of the body in the course and after the detoxification program  
(pooled analysis of three detoxification trials in Russia)

E.Parshkov<sup>1</sup>, V.Sokolov<sup>1</sup>, A.Proshin<sup>2</sup>, V.Doroshchenko<sup>2</sup>, J.Barnes<sup>3</sup>, S.Gaiman<sup>4</sup>

<sup>1</sup>*Medical Radiological Research Center of Russian Academy of Medical Sciences,  
Korolev Str. 4, Obninsk 249020, Russia*

<sup>2</sup>*Bryansk Regional Treatment and Diagnostic Center, Bezhitskaja Str. 2, Bryansk  
241007, Russia*

<sup>3</sup>*Foundation for Advancements in Science and Education,  
4801 Wilshire Blvd. -- Suite 215; Los Angeles, California USA 90010*

<sup>4</sup>*Human Detoxification Services International,  
East Grinstead, Sussex Great Britain*

After the Chernobyl accident, several methods aimed at improvement of the health status of persons permanently living in radioactively contaminated territories, and for removing radionuclide from the human body, were tested and evaluated. Of these, the most promising appeared to be a complex detoxification protocol developed by L. R. Hubbard. During the project, careful medical examinations of the patients were carried out before, in the course and after the treatment.

Detoxification markedly improved the general physical and psychological conditions of the participants. There was an absence of negative health effects. A wide range of physical and psychological responses were monitored. In all, around 370 parameters per patient were quantitatively evaluated. Results of the study showed, that positive changes occurred not only in the objective characteristics of physiological adaptation, but also in the subjective self-estimation of the individuals. No decompensated disorders of major regulatory and life maintaining systems were revealed.

In the framework of the present study, the comparison of the health parameters of the former participants of the program, carried out in 1991, 1995, and 1996, with the same parameters of control group members (matched in age, gender, and location of residence) has been made. The physical and mental conditions of the former patients indicated the safety of this program. No post-treatment parameters were worse than the individuals in the control groups, and some parameters are better. This clearly demonstrates that the program has no deleterious long-term effects.

In accordance with the results of this study, the detoxification program developed by L. Ron Hubbard may be recommended for application in clinical practice for the general rehabilitation of the body and the withdrawal of toxins.

Several the most informative methods of medical examination used in the study may be offered for follow-up monitoring during the detoxification program and for objective estimation of its effectiveness.